

*Please return completed registration form to*

Dr. Arun Menon  
Department of Civil Engineering  
IIT Madras  
Chennai- 600036  
Tel: +91-44-22574299 Fax: +91-44-2257-4252  
Email: sahge2014@gmail.com

**Note:** The filled-in application form may be scanned and sent to sahge2014@gmail.com or it may be mailed by regular post to the address listed above.

### Course contents

- Education: the big picture
- Self-awareness
- Self-deception and leadership
- Finding life purpose and true nature
- Marrying core essence of ancient wisdom and modern advancement
- Telos model of consciousness
- Purification and perfection of mind, life force and body
- Emotional and social intelligence
- Ecological intelligence
- Spiritual intelligence
- Self-actualization and beyond
- Spirituality and perfection in work
- Excellence in teaching and learning
- Developing multiple perspectives in students
- Meditation practices
- Yoga sessions

### Course Objectives

- Examine the merits and demerits of conventional education.
- Discuss the multiple dimensions of intelligence and the higher goals of education.
- Explore the role of inner development and its connection to education.
- Examine how the higher goals may be accessed within the scope of a conventional education.
- Show the importance of the role of the teacher in enabling this process and in inspiring students and colleagues.
- Explore perfection in work based on teachings from ancient Indian wisdom.
- Finding and connecting to Inner Guide that directs one's evolution.

### Resource Persons

- Prof. Devdas Menon, IIT Madras (author of the book 'Stop Sleepwalking Through Life!').
- Mr. Manoj Pavitran, Auroville.
- Mr. Arul Dev, Telos (also guest faculty, IIT Madras).
- Mr. Parthasarathy Ramanujam, Yoga teacher.

### Coordinators

Dr. Edamana Prasad and Dr. Arun Menon  
Ph: (044) 2257 4232 (044) 22574299  
Fax: (044) 2257 4202 (044) 22574252  
Email: sahge2014@gmail.com

## CENTRE FOR CONTINUING EDUCATION IIT MADRAS

invites you to participate in a short-term  
course on  
SELF-AWARENESS AND HIGHER GOALS IN  
EDUCATION

**SAHGE 2014**

June 02-06, 2014

Indian Institute of Technology Madras,  
Chennai, India



## About the course

The word, education, is derived from the Latin word *educare*, in turn related to the word, *educere*, which means “to lead forth”. We may also interpret this word to mean inner development leading to outer progress and fulfilment of the individuals concerned and of society at large. This course emphasizes the importance of expanding the scope of this ‘development’ to the higher goals of education through self-awareness and inner transformation.

Can a student aspire to be a ‘good professional’ or a ‘good citizen’, without also aspiring to be a good human being? Likewise, can one be a ‘good teacher’ without being a good human being? The *gurus* of our past were masters, not just in narrow academic fields, but also in character, compassion and wisdom. The word, *guru*, in original Sanskrit, means ‘dispeller of darkness’. Here the darkness refers not just to some subject knowledge, but to fundamental ignorance, which was identified as the root cause for human suffering. If today, despite all the signs of technological development, we are also faced with a stark ‘loss of values’ in society, and live in an ‘age of anxiety’, and unsustainable development, the educators must take some responsibility for this.

By habit, we have trained ourselves to look outward. Self-awareness is a powerful means of discovering one’s true nature and potential. Realizing that potential in all its dimensions should perhaps be the ultimate objective of education.

The higher goals of education include developing multiple parts of our being, not just cognitive intelligence, but also the physical, life force, emotion and deeper self.

Traditionally, ‘teacher training’ programmes focus on making the teaching-learning process more in-

teresting and effective through various techniques. This course deals with the other aspects, relating to the larger vision of education that is generally missed out.

The sessions will include not only ‘theory’ (intellectual understanding), but also ‘laboratory’ sessions (experiential inner process of transformation, yoga and meditation). The approach will be broadly universal and exploratory. The course will also explore spirituality in work, based on selected teaching from ancient Indian wisdom, including The Bhagavad Gita and portions of Integral Yoga.

SAHGE 2014 is the fourth edition of this course, and the earlier three editions of the course have led to two regular semester long courses on “Self Awareness” and “Integral Karmayoga” which are open to all students and faculty of the Institute.

## Who can apply ?

Only teachers who are sincerely motivated in exploring these issues are invited. This course, to be conducted at IIT Madras, is open to all engineering, law, medical, arts and management college teachers and college principals. Preference will be given to faculty members and QIP-PhD scholars of IITM and first time participants to this course. While there is no registration fee, participants shall pay for own travel and stay. Limited, paid, shared accomodation ( $\approx$  Rs 600/- per day) maybe available on campus on first-come first-serve basis.

## Requirement for application

Interested applicants are requested to write briefly (in the attached REGISTRATION FORM) on their motivation for participating in this course.

SAHGE, JUNE 02-06 2014, IIT MADRAS  
REGISTRATION FORM  
(Completed form should reach by May 01, 2014)

Name ... ..

Qualification ... .. Age ... ..

Work Experience ... .. Position ... ..

Institution ... ..

Address ... ..

... ..

... .. Pin: ... ..

Mobile: ... .. Email: ... ..

Have you taken this course before: ... ..

Why are you motivated to attend this course?  
Please write below (This will be used for shortlisting.).

Are you willing to attend all sessions on all days?  
Yes  No

Date

Signature